

Occupational Therapy Feeding Assessment

Student: _____ Date: _____

Self-feeding skills

Feeds self Y N Level of
assistance: _____

Uses spoon Y N

Uses fork Y N

Uses cup Y N

Uses bottle Y N

Finger foods Y N

Needs frequent cues when mouth is too full Y N

Needs frequent cues to stay on task Y N

Needs frequent cues for portion control Y N

Needs frequent cues for bite size pieces of food Y N

Needs assistance with set up Y N

Needs assistance opening containers Y N

Needs assistance cutting food Y N

Hand Dominance: Right Left

Sensory
Issues: _____ Y _____ N _____

Decreased head/trunk
control: _____ Y _____ N _____

Abnormal muscle
tone: _____ Y _____ N _____

Utensils and Equipment used: _____

Positioning during observation: _____

Comments: _____

Occupational Therapist:

Email:

School: