

# Deschutes County Behavioral Health

## How to Access Services

### Opening doors to support, hope, and change

Our Access Team is here to help you get the services you need. If you are interested in treatment, get started by calling us at (541) 322-7500 to find out if you qualify for services. We are here Monday through Friday from 8 a.m. to 5 p.m. You may be scheduled for an appointment at one of our locations in Bend, Redmond or La Pine.

While Deschutes County Behavioral Health primarily works with those on the Oregon Health Plan, we encourage anyone, regardless of insurance, to call us. We provide Access services to adults, children and families.

#### You are Eligible? Great!

We will schedule you for an Access appointment. At this visit, you will receive a screening or assessment depending on your needs.

Please plan to stay for two hours and bring the following information:

- Current insurance information
- Income verification
- Your health history
- A list of current medications
- Any support person(s) you would like involved in your care.
- **For children:** Bring your child (but only one child at a time), current guardianship forms, developmental screenings,

After your assessment, your clinician will determine what services are needed and will make a referral.

#### Not Eligible?

We are happy to discuss your options with you. Your needs may be best served by other partners in the community.

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*Crisis Services are always available 24/7 for anyone in need of support.*

*Call (541) 322-7500, ext. 9*

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The Access Team is the main entry point for most of Deschutes County's Behavioral Health treatment programs. We provide screenings, assessments and referrals for mental health and substance abuse services. We also coordinate with community providers.



Health Services  
Behavioral Health  
(541) 322-7500  
[www.deschutes.org/health](http://www.deschutes.org/health)

*To request this information in an alternate format, please call Health Services or send an email to [accessibility@deschutes.org](mailto:accessibility@deschutes.org).*

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