

FAMILY START GROUP

SUPPORT TRAINING AROUND RECOVERY AFTER TBI



What is Traumatic Brain Injury?

Traumatic Brain Injury (TBI) is caused by an external force and may result from events such as concussions, falls, or motor vehicle accidents. The Oregon TBI Team helps guide schools and school districts by providing training for people who support students with traumatic brain injury, from birth through the age of 21.

What is the Family START program?

The Family START program is aimed at supporting and educating family members of children with TBI. Meetings will be held through an online platform and topics will cover navigating and communicating with schools, parental self-care, and support strategies. Sign-up through the link provided [HERE](#).

Contact Info

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Schedule

Meetings will be held on the third Friday of every month at 10:00AM PST

When	Topic
September 20 th	Return to Play Guest Speaker: Ricky Rodriguez
October 18 th	Understanding Academic Accommodations
November 15 th	Communicating with your School Guest Speaker: Ann Glang
December 20 th	Traumatic Brain Injury and Stressors
January 17 th	When Things are not Getting Better
February 21 st	Parent Self-Care Guest Speaker: Christina Karns
March 20 th	Managing "Big and Organizing Book" Traumatic Brain Injury Information Guest Speaker: Ann Glang
April 17 th	Picking your Battles
May 15 th	Preparing for the Next School Year
June 19 th	Managing Unstructured Time

Schedule is a working document and may be subject to change.