

# OT PRE-REFERRAL FORM: INTERVENTION STRATEGIES



## PROBLEMS WITH SHOULDER STABILITY

Children with poor shoulder stability often look like they hold activities very close to their body and avoid reaching. Another compensatory mechanism can be seen during writing activities, children look like their shoulders are shrugged and arm is raised and out away from the body.

	As an accommodation, positioned student to rest elbows on table during table top activities and fine motor manipulation tasks
	Engaged student in fishing magnet puzzles and games
	Encouraged all games that require weight bearing such as wheelbarrow walking, crawling through mazes and tunnels, climbing, tug-a-war, pull-ups, monkey bars, ect..
	Had the student produce work on a vertical surface. Next best thing would be a slant board.
	Engaged student in cooking or pretend cooking that require stirring thick materials (brownie mix, bread dough, mud)
Comments:	