

OT PRE-REFERRAL FORM: INTERVENTION STRATEGIES



PARTICIPATION WITH MESSY MEDIA

Children who appear to experience anxiety or stress when asked to participate in activities like finger-painting, shaving cream or sand box, play, crafts that require glue or other sticky / messy / wet substances, may be exhibiting hyperactive tactile sensitivities. These children sometimes appear like they really want to participate with their peers but are afraid to. Children who do demonstrate tactile defensiveness respond best to firm touch when being assisted or guided.

Offered the student maximal opportunity to participate without doing anything he/she is reluctant to do such as: set up, handing off tools, using a tool instead of direct contact, generally exploring the media without touching. Offered positive reward and/or praise for participation but DID NOT force the student to participate
Offered the student plastic gloves to protect his/her hands.
Offered many opportunities for the student to complete ONLY the last step of a messy project or activity and followed cooperation with praise and positive feedback/reward
Had the student paired with a child who enjoys tactile media.
Offered other opportunities for preferred tactile activities such as: finding magnetic letters in dried beans or rice, water play, sand box.
Offered an opportunity for the student to wash hands with a washcloth or wet towel next to them during activities.
Offered free time with sensory activities including those which are known to be the least desirable to the student
COMMENTS: