


## OT PRE-REFERRAL FORM: INTERVENTION STRATEGIES



**STUDENTS WHO CRASH, BUMP, PUSH, STOMP, JUMP OFF HIGH PLACES, EXHIBIT EXCESSIVE MOVEMENT WHILE SEATED and/or BITE**

Students who exhibit these types of behaviors may be hypo-responsive to proprioception and therefore respond to opportunities for proprioceptive input throughout the day. If behaviors do not change, behaviors are likely due to some other factor or combination of factors.

	Provided sensory breaks throughout the day offering opportunities to: stomp, hop, skip, tug, push, pull, and jump. An extensive list of activities available from CUSD OT.
	Used activities that can prevent behaviors: pushing a cart, moving a pile of books (one to three textbooks at a time), taking a note to the office.
	Put the student at the front of the line or the end of the line.
	Taped off area around each student's desk to demonstrate personal space.
	Used a rolling pin to roll out play dough.
	Allowed student to use fidget toys at his/her desk.
	See  on page 13.
	Used items suggested by a CUSD OT such as: weighted vest, move-n-sit, disco sit, or pressure vest.
	Allowed student alternative positioning for work such as: standing, kneeling, and lying on carpet.
	Used a timer to indicate transitions.
COMMENTS:	